



# Community of Practice (CoP) Project Spotlight

Celebrating CoP Intervention Projects

## Project: Jeunes Leaders Des Relations Saines

Organization: Réseau Femmes

### About the Program



The peer-led program aims to promote healthy relationships and prevent teen dating violence in grades 9 and 10 for Francophone students throughout British Columbia.



Students in grades 11 and 12 can become leaders and facilitate the program to grade 9 students.

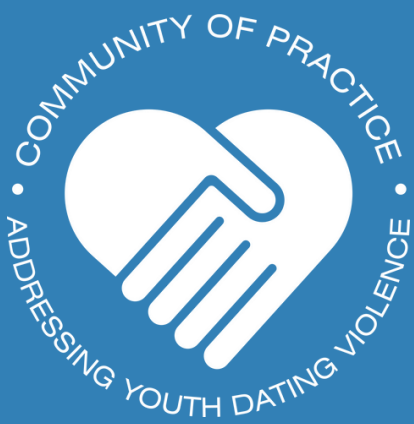
### Program Delivery Learnings

Offering youth a space to feel heard, understood and respected is part of what contributed to so many of them wanting to stay involved in the program and become leaders in grades 11 and 12.

Having the oldest youth in the school teach the younger grades about healthy relationships had a positive impact on the school overall.



Having a healthy and respectful environment in which to discuss healthy relationships over the course of multiple weeks helped build connections with youth.



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### Program Evaluation Findings



**340 Youth  
Participants**



**Over 50  
Youth Leaders**



**4 Schools**

**Pre- and post-surveys and discussion groups found that after receiving the program:**

- **71%** of youth knew which resources to go to for help.
- **80%** of grade 10 youth felt comfortable helping a friend in an unhealthy relationship.
- **70%** of grade 10 youth improved their understanding of consent.

### Impact of the CoP



**The annual in-person event was invaluable in meeting other similar projects and in reinforcing the program's own approach.**



**Having access to relevant resources in French was very valuable.**